

### Welcome to Hillside Plaza

Hillside Plaza is a family-owned and operated health care community where you can enjoy highly personalized, compassionate care in an intimate home-like setting.

From amenities like fresh flowers in the dining room to meals made from scratch, no detail is too small. Your comfort and well-being are our priorities, and we delight in accommodating your special requests. Our service offerings include short-term rehabilitation, long-term care, skilled nursing, hospice care and respite stays.

We're located on Cleveland's culturally rich east side, close to major highways, University Circle and the new Cleveland Clinic Stephanie Tubbs Jones Health Center.



Part of the Legacy Health Services Family



Hillside Plaza is located near Cleveland's east side 18220 Euclid Avenue, Cleveland, OH 44112

- 3.7 miles from Euclid Hospital, A Cleveland Clinic Hospital
- 3.9 miles from University Hospitals Richmond Medical Center
- 4.9 miles from University Hospitals Cleveland Medical Center
- 5.5 miles from the Cleveland Clinic Main Campus

## For more information or a tour, please call 216-486-6300

#### www.lhshealth.com

Legacy Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-877-746-4674 (VRI: 1-877-746-4674).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llarne al 1-877-746-4674 (VRI: 1-877-746-4674).

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。 1-877-746-4674 (VRI: 1-877-746-4674).

## Hillside Plaza Skilled Rehabilitation Services







"It's just like family. We have good times here." Priscilla, patient

# Our goal is to help you return home!

An illness, injury or surgery can impair your ability to move or function on your own. Short-term rehabilitation therapy can help you regain, develop or maintain the strength or skills necessary to live independently.

Based on your condition, your doctor may have prescribed Physical, Occupational or Speech therapy – or a combination of multiple therapies. Our therapists will collaborate with you, your family, your physician and health care team to create and implement a therapy plan tailored to your needs, goals and preferences.

Incorporating activities or hobbies that you enjoy into your therapy program may contribute to your progress and help you maintain ongoing success.

## Your individualized plan of care may include one or more of the following therapies:

**Occupational Therapy** helps develop the strength and skills necessary to independently perform the activities of daily living, such as dressing, eating and toileting. Therapy targets upper-body strength, coordination, range of motion and fine motor skills.

**Physical Therapy** focuses on restoring independence when movement or functional abilities have been compromised by an illness, injury or condition. Treatment and exercise help optimize movement, balance, strength and conditioning.

**Speech Therapy** diagnoses and treats speech, swallowing and memory problems caused by a wide range of conditions and disorders.

### Quality Care from Qualified Staff

Your team will work together to develop a personalized plan of care that is right for you.

You will work closely with an experienced therapist who knows you, understands your goals and supports you every step of the way. We believe that when you build a relationship based on trust and understanding, you will likely have a better experience and improved outcomes.

We also have state-of-the-art equipment required to treat high-acuity patients with multiple conditions, including:

> -Diabetes -Strokes -Fractures -Neurological disorders -Post-operative recovery -Balance disorders -Arthritis

