



## Welcome to Cedarwood Plaza

We're a family-owned and operated health care community where you're treated like family – with respect, dignity and compassion. Our professional caregivers are dedicated to your success and your comfort.

From meals prepared by our Executive Chef to social, spiritual and recreational activities, you'll receive the personalized quality care you need, plus the comforts of home you expect.

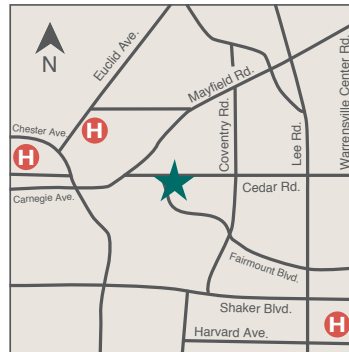
Our services include short-term rehabilitation, long-term care and respite care.

We're conveniently located in Cleveland Heights, near University Circle. Major medical facilities, museums, theaters and restaurants are just minutes away.



## Cedarwood Plaza

Part of the Legacy Health Services Family



Cedarwood Plaza is located at  
12504 Cedar Road,  
Cleveland Heights, OH 44106

- 1.4 miles from University Hospitals Cleveland Medical Center
- 4.9 miles from the Cleveland Clinic Main Campus
- 6.4 miles from South Pointe Hospital, A Cleveland Clinic Hospital

For more information or a tour,  
please call 216-371-3600

[www.lhshealth.com](http://www.lhshealth.com)

Legacy Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-877-746-4674 (VRI: 1-877-746-4674).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-746-4674 (VRI: 1-877-746-4674).

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。1-877-746-4674 (VRI: 1-877-746-4674)。

# Cedarwood Plaza

## Skilled Rehabilitation Services



**Legacy Health Services**  
Our Family Caring for Yours



“I feel at home here.  
The staff are like family.  
They know me, they  
listen and they care.”

Lillian, Resident

## Our goal is to help you return home!

An illness, injury or surgery can impair your ability to move or function on your own. Short-term rehabilitation therapy can help you regain, develop or maintain the strength or skills necessary to live independently.

Based on your condition, your doctor may have prescribed Physical, Occupational or Speech therapy – or a combination of multiple therapies. Our therapists will collaborate with you, your family, your physician and health care team to create and implement a therapy plan tailored to your needs, goals and preferences.

Incorporating activities or hobbies that you enjoy into your therapy program may contribute to your progress and help you maintain ongoing success.

Your individualized plan of care may include one or more of the following therapies:

**Occupational Therapy** helps develop the strength and skills necessary to independently perform the activities of daily living, such as dressing, eating and toileting. Therapy targets upper-body strength, coordination, range of motion and fine motor skills.

**Physical Therapy** focuses on restoring independence when movement or functional abilities have been compromised by an illness, injury or condition. Treatment and exercise help optimize movement, balance, strength and conditioning.

**Speech Therapy** diagnoses and treats speech, swallowing and memory problems caused by a wide range of conditions and disorders.

## Qualified, In-House Staff

Our licensed staff therapists are an integral part of our tenured health care team. Working together, your team will develop a personalized plan of care.

You will work closely with an experienced therapist who knows you, understands your goals and supports you every step of the way. We believe that when you build a relationship based on trust and understanding, you will likely have a better experience and improved outcomes.

We also have full-time nurse practitioners with specialized master's-level training and the state-of-the-art equipment required to treat high-acuity patients with multiple conditions, including:

- Diabetes
- Strokes
- Fractures
- Neurological disorders
- Post-operative recovery
- Balance disorders
- Arthritis
- Complex wounds

